

Baton Rouge Community Resource Guide

GENERAL INFORMATION

Capital Area United Way	<p>Call: 211 or 225-923-2114</p> <p>Text: Your zipcode to 898-211, 8:00 a.m. - 5:00 p.m. Monday through Friday. *Standard message and data rates may apply. Text STOP to opt out.</p>	<p>Online resource search</p> <p>List of links to COVID-19 Information</p>
<p>Office of Mayor-President Sharon Weston Broome</p>	<p>225-389-3000</p>	<p>Metro 21 Government Access Channel Metro21 Government Access Channel - The East Baton Rouge Parish, Office of Public Information, operates the local Government Channel Metro21 on Cox Cable Channel 21 and AT&T U-verse Channel 99. Metro21 is a 24-hour cable channel that broadcasts to 150,000 households in East Baton Rouge Parish.</p>

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CONNECTING - INTERNET AND CELL PHONES

Cox Connect to Compete	855-222-3252	2 months of free internet service, \$9.95 after for eligible households
Access from AT&T		\$5-\$10/month internet service for eligible households receiving SNAP
Lifeline		Federal cell phone and internet program.Louisiana eligibility application
East Baton Rouge Parish School System		1,000 East Baton Rouge Parish School System (EBRPSS) families six months of Internet service through Cox's Connect2Compete

CONNECTING - WITH FAMILY AND FRIENDS ONLINE

Zoom		
Skype		
WebEx		

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DOMESTIC AND DATING VIOLENCE

Iris Domestic Violence Center	Local (225) 389-3001; State Hotline-888-411-1333; National Hotline 1-800-799-7233	Help for domestic and dating violence and emergency shelter.
The Butterfly Society	225-347-7725	Help for domestic and dating violence

EDUCATION

East Baton Rouge Parish Public Library	Call Circulation Services at 225-231-3740 for help with your account.Call Library Reference at 225-231-3750 for Digital Library access help.	Temporary Online Library Cards Digital Library
East Baton Rouge Parish School System	225-922-5400	Curriculum resources . Also includes suggestions for daily homeschooling schedules.
LSU Ag Center		K-12 Educational resources and activities
Remote Resource Links		Great link list to a variety of educational esources. List is divided by age group.
EdX		
Baton Roots Community Farm		

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EMOTIONAL SUPPORT/MENTAL AND BEHAVIORAL HEALTH

Family Service of Greater Baton Rouge		Counseling and emotional support. Sliding scale payment.
Children's Advocacy Center		Trauma services for children
Capital Area Human Services		Addiction recovery, behavioral health, developmental disabilities
Catholic Charities		Free and low-cost counseling services.

EXERCISE/WELLNESS/HEALTHY EATING

Chef Traci Vincent		Cooking demos and nutrition information for better health
YMCA of the Capital Area	225-924-3609	Online Workouts
American Heart Association		Healthy Living
Southern Ag Center	225-771-2242	4-H Healthy Living Guide

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FOOD

Three O'Clock Project		Pick-up meal sites for families with K-12
TopBox	(504) 304-2319	Order home grocery box delivery in Baton Rouge. SNAP Accepted.
Grow Baton Rouge		Fresh food mobile market serving North Baton Rouge neighborhoods.
Greater Baton Rouge Food Bank		COVID-19 Emergency Food information
East Baton Rouge Council on Aging		Application for home food delivery for seniors
HOPE Ministries Client Choice Food Pantry	225-355-0702	Groceries for eligible households living in 70805 zip code

JOBS and JOB TRAINING

Baton Rouge Area Chamber of Commerce	225-381-7125	BRAC is regularly updating this page with OB OPPORTUNITIES in the Capital Region
East Baton Rouge Parish School System	225-922-5400	Virtual job fair for teachers for 2020-2021
Louisiana Workforce Commission	225-342-3111	Unemployment Claims and other job resources
HOPE Ministries	225-3550702	The Way to Work The Way to Work© helps participants achieve and maintain employment, housing, financial and family stability.

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LEGAL RESOURCES

Southeast Legal Services	225-448-0080	Free legal aid for low-income people
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TRANSPORTATION

CATS	225.389.8282	During the stay-at-home order, CATS will temporarily waive fares for all customers until further notice. Bus service will start at its current time and end at 9:30 p.m. each night. Service may take longer during peak times, as there will not be additional buses available. Since drivers are limited to 10 passengers at a time, they may not always stop for customers waiting at bus stops. In addition, CATS is enforcing social distancing on its vehicles effective immediately and until further notice. Every other seat will be roped/taped off to ensure the distance between customers while traveling.
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