

# WE'RE BRINGING HEALTHY BACK!

TUESDAY, MAY 16  
7 a.m. - 3 p.m.  
*Raising Cane's River  
Center Ballroom*

## Baton Rouge City-Parish Employee and Retiree 2023 Health Fair

The City-Parish Employee Health Fair is a benefit offered to employees that includes health screenings, education and support for many health and wellness topics. The Health Fair will be held on Tuesday, May 16, 2023, from 7 a.m. to 3 p.m. in the Raising Cane's River Center Ballroom. You can take up to two hours to attend the health fair with your supervisor's approval.

Employees can get a stamp card to visit multiple local vendors at the health fair. You will be able to get guidance and learn more about resources for chronic health conditions, mental health and emotional wellbeing, financial wellness and making lifestyle changes including diet and exercise. Turn in your completed stamp card to enter a drawing for fun prizes.

### This year, the Health Fair will include the following:

- **Healthy Lives Screening and Health Questionnaire, Coaching and More**
- **Our Lady of the Lake Mobile Blood Drive**

Mayor-President Sharon Weston Broome will speak to health fair attendees at 10 a.m., along with representatives from Blue Cross and Blue Shield of Louisiana and Our Lady of the Lake.

Please join us to learn about the health programs and resources in our community that can improve your health and quality of life.

For questions or concerns, contact the Department of Human Resources/Payroll and Benefits Division at 225-389-3134.



*Parking will be validated if needed.*