

Baton Rouge Health and Fitness Expo

Join Mayor Pro Tempore LaMont Cole, Focus Fitness, BREC, Baton Rouge Police Department, Mayor-President Sharon Weston Broome, Healthy BR, and other community partners for Baton Rouge Health and Fitness Expo. The event will be held at Memorial Stadium 1702 Foss Street on July 31, 2021 beginning at 9am. The day will be filled with dynamic speakers, class demos(zumba, bootcamp, senior fitness, kid fitness, pop palates, proper stretching).

Local vendors will be on hand for vaccinations, health screenings, and a blood drive. Mayor Pro Tempore Cole is encouraging everyone to come and get FIT! Bring a friend, you don't want to miss it!

For more information, contact Twahna P Harris, Legislative Assistant at 225-389-3182 or tpharris@brla.gov

What: Mayor Pro Tempore LaMont Cole & Focus Fitness Present The Baton Rouge Health & Fitness Expo

Who: Mayor Pro Tempore LaMont Cole, Focus Fitness, BREC, BRPD, Mayor Sharon Weston Broome, Healthy BR

When: July 31, 2021 at 9am

Where: Memorial Stadium 1702 Foss Street