



*We Can Help!*

Hidalgo Health Associates is proud to offer telehealth services.

Everyone reacts to stressful situations and changing circumstances differently, and it's natural to feel overwhelmed right now. Your employee assistance program is a go-to source for help and support. Keep Hidalgo Health Associates in mind for when the going gets tough with any life concern.

Confidential visits are available by phone, video or face to face (when applicable).